**ST1/ST2 Monthly Session Plan – 2019/2020**

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| **MONTH** | **ST1 TOPIC** | **ST2 TOPIC** |
| **September** | Teaching & Learning (TPD led) | Consultation Skills (TPD led) |
| **October** | The GP Landscape (TPD led) | Drugs & Alcohol |
| **November** | **ST1/2 Resilience**Overview of ResilienceSelf-Awareness/Care | **ST1/2 Resilience**Overview of ResilienceSelf-Awareness/Care |
| **December** | Cardiovascular Disease | Urgent CareTelephone Triage |
| **January** | Mental Health | Patient SafetyPrescribing |
| **February** | Paediatrics | ENTEyes |
| **March** | **ST1/2 Resilience**Decision Making/Problem SolvingManaging Risk and Uncertainty | **ST1/2 Resilience**Decision Making/Problem SolvingManaging Risk and Uncertainty |
| **April** | Care of Older AdultsIntellectual Disability | Musculoskeletal |
| **May** | Respiratory Problems | End of Life Care |
| **June** | **ST1/2 Resilience**Ways to Wellbeing – Doctors and Patients | **ST1/2 Resilience**Ways to Wellbeing – Doctors and Patients |
| **July** | Women’s HealthMen’s Health | Wrap-up |