**ST1/ST2 Monthly Session Plan – 2019/2020**

|  |  |  |
| --- | --- | --- |
| **MONTH** | **ST1 TOPIC** | **ST2 TOPIC** |
| **September** | Teaching & Learning (TPD led) | Consultation Skills (TPD led) |
| **October** | The GP Landscape (TPD led) | Drugs & Alcohol |
| **November** | **ST1/2 Resilience**  Overview of Resilience  Self-Awareness/Care | **ST1/2 Resilience**  Overview of Resilience  Self-Awareness/Care |
| **December** | Cardiovascular Disease | Urgent Care  Telephone Triage |
| **January** | Mental Health | Patient Safety  Prescribing |
| **February** | Paediatrics | ENT  Eyes |
| **March** | **ST1/2 Resilience**  Decision Making/Problem Solving  Managing Risk and Uncertainty | **ST1/2 Resilience**  Decision Making/Problem Solving  Managing Risk and Uncertainty |
| **April** | Care of Older Adults  Intellectual Disability | Musculoskeletal |
| **May** | Respiratory Problems | End of Life Care |
| **June** | **ST1/2 Resilience**  Ways to Wellbeing – Doctors and Patients | **ST1/2 Resilience**  Ways to Wellbeing – Doctors and Patients |
| **July** | Women’s Health  Men’s Health | Wrap-up |